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## CLIENT CONSENT TO THE USE OF TELEPSYCHOLOGY OR VIDEO CONFERENCING

**Telepsychology** is the delivery of psychological services using interactive audio systems, while **videoconferencing** uses audiovisual systems when the Psychologist and the Client are not in the same physical location.

Beginning January 3, 2018, Dr. Copeland will offer videoconferencing instead of live sessions on Wednesdays. On March 7, 2018, Thursday sessions will also be on video, and **beginning May 2, 2018, all sessions will be on video.**

The use of a **specialized videoconferencing program (VSee)** is designed to provide a more secure platform than more commonly used consumer services (e.g., Skype, Facetime). **VSee**, which can be downloaded as an application to either your computer or smartphone, encrypts the information used to communicate between you and your therapist before transmitting it over the Internet and is HIPAA -compliant.

Since **telephones are not secure forms of communication**, telepsychology will be used only when videoconferencing is disrupted or unavailable to the client.

- Dr. Copeland does not send or receive text messages from clients.
- She limits email to administrative issues such as scheduling.
- Forms, written assignments, or additional written communication may be sent via email by using a fax application such as Genius Scan. VSee also provides a way to share written material during sessions.
- **Videoconferencing safety plan.**
- Phone number and address where you can be reached
- Closest facility that can provide emergency services.
- Name and contact information for an emergency contact person, and release of information form giving me permission to contact that person in your behalf if necessary.
- **Fees and payment:**
- Check with your insurance company regarding reimbursement for video sessions. Fee-for-service arrangements can be made for those without coverage.
- You can provide a credit or debit card number to be used for payment
- Cancellation of scheduled appointments is required at least 24 hours in advance. There is a charge of \$50 for missed or late-cancelled appointments.

### Client Responsibilities

- I understand that I, not Dr. Copeland, am responsible for the configuration of the electronic equipment used on my computer for videoconferencing.
- I will inform Dr. Copeland if any other person can hear or see any part of our session before the session begins, and Dr. Copeland will do the same.
- Finally, I understand that to be eligible for telepsychology or videoconferencing services, I must be a resident of the state of Washington, and must clearly define my current location at the time of my appointment.
- At any time, Dr. Copeland or I may determine that either telepsychology or videoconferencing is no longer appropriate for my care. If so, Dr. Copeland will make all possible efforts to provide in-person care, and where this is not possible, will refer me to another provider.

### Client Consent

I have read and understand the information provided above regarding telepsychology and videoconferencing.

I consent to videoconferencing therapy:

\_\_\_\_\_

signature

\_\_\_\_\_

date

And in those instances where videoconferencing is disrupted or unavailable, I consent to telephone therapy.

\_\_\_\_\_

signature

\_\_\_\_\_

date