

Artful Change

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Welcome! In your intake packet you should find:

- Purpose Statement
- Coaching Quiz
- Coaching Contract, to be signed and sent back along with a check (or other form of payment—note that you can also make payment by giving me your credit card details)
- Client Profile, to be filled out and returned with the contract.
- About Your Coach
- Goals (fill out and have with you when we do the first session)
- Coaching preparation Form- copy and then fill one of these out before each call. You can fax me a copy, or if you don't have a fax, you can send a brief e-mail about what you want to focus on before each call.

Don't hesitate to e-mail or call me if you have any questions.